

WHY SMART WOMEN IGNORE THEIR OWN MAGIC

(AND THE SNEAKY WAYS YOU
MIGHT BE DOING IT TOO)



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BEFORE WE BEGIN...

After years of reading for women from all walks of life, business owners, leaders, healers, mothers, professionals, and wildly capable women who seem to have it all together, I've noticed something surprising.

Women are often the ones who trust themselves the least. That has always fascinated me and pushed me to look deeper into a person's energy to see what makes them click.

Somewhere along the way, they learned to question what they already knew. It clouded their intuition, disrupted that gut feeling we all have, and planted seeds of doubt instead of curiosity.

This isn't a guide about becoming more intuitive.

It's a gentle, and occasionally uncomfortable, reminder that your magic may already be speaking. You may just need to shift into a better place to hear yourself and your spirit.

The question is...

Are you open enough to shift into the magic I know you have?

YOU KEEP ASKING FOR ADVICE AFTER YOU'VE ALREADY MADE THE DECISION

You ask your partner.
You ask your best friend.
You ask Google.
You ask ChatGPT.
You ask the Universe for seventeen signs, then
argue against each and every one.
You ask for a signier sign. 😊

Meanwhile, a tiny voice inside is quietly saying:
“Girl, we already know.”

Pay attention to the decisions where you are
collecting opinions instead of information.

There is a difference.

Information helps you see more clearly.
Opinion collecting usually keeps you spinning.

And most of the time, the frequency feels different.
There is a deeper knowing beneath the noise, quietly
sitting inside that big heart of yours.

YOU CALL IT CONFUSION WHEN IT'S ACTUALLY FEAR

One of the most common things I hear women say is:

"I'm confused."

Or:

"I'm overwhelmed."

But when we dig a little deeper, they usually aren't confused.

They know exactly what they want.

What they're feeling is fear about what might happen if they choose it.

How will it affect the people around me?

How will it change my life?

What will I have to face if I finally tell the truth?

Confusion is often fear wearing a very convincing disguise. And it is exhausting to live there day after day. Living for everyone else is not really living.

At some point, your spirit starts asking for more than survival. It starts asking for honesty.

YOU KEEP WAITING TO FEEL READY

Ready is one of the biggest myths ever created.

The women I admire most did not feel ready.
I certainly didn't when this work first called to me.

They simply trusted themselves enough to begin,
even while they were afraid.

Most growth starts with a shaky first step.

A good question to ask yourself is:
"What am I waiting for permission to do?"

But the better question is:
"Who am I waiting for permission from?"

As a spokesperson for Spirit, I am officially giving
you permission to do what lights you up the most,
my friend.

**And if you need someone to hold your hand while
you begin, I can do that too. 😊**

YOU TRUST EVERYONE ELSE'S WISDOM MORE THAN YOUR OWN

Experts are wonderful.
Learning is wonderful.
Support is wonderful.
But there comes a point where more information
becomes a hiding place.

You don't need another answer.
You need a decision.
Maybe you need one small step.
Maybe you need a mentor to give you a loving little
shove off the cliff.

And honestly?

It may be a lot more fun than you think. 😊

So ask yourself:
Why am I outsourcing my own knowing?
Why am I trusting everyone else's wisdom before
I trust my own?

The goal is not to stop learning.
The goal is to learn how to trust your own knowing
first.

YOU MISTAKE OVERTHINKING FOR PREPARATION

Your brain tells you:
“Let’s just think about this a little more.”
Three months later...
You’re still thinking.

Sometimes overthinking is not preparation. It is protection.

Waiting for divine timing can be beautiful.

But delaying because of overthinking can steal the experience, the joy, the fun, and of course, the magic.

At some point, you have to be honest with yourself about why you are waiting.

Is it truly timing?
Or is it fear trying to sound responsible?

Your brain is a brilliant tool, but it was never meant to be the only decision-maker.

Your Spirit knows things your mind will try to debate forever.

YOU KEEP SHRINKING THE PARTS OF YOU THAT MAKE YOU DIFFERENT

The things you keep apologizing for are often the very things that make you magnetic.

Your sensitivity is not too much.

Your intuition is not strange.

Your depth is not a problem.

Your honesty is not something you need to soften until it disappears.

Your ability to see what others miss, to feel what is true, and to trust that gut knowing inside of you is part of your magic.

And your weirdness?

Especially your weirdness.

That may be the exact thing that helps the right people recognize you.

You are not searching for a place where you have to become smaller to belong.

You are searching for a community where everyone gets to be fully themselves

YOU KEEP LOOKING FOR PROOF INSTEAD OF TRUST

Your intuition rarely arrives with a PowerPoint presentation.

It usually arrives as a nudge.
A simple thought.
A whisper.
A knowing.
A feeling you can't quite explain.

**Magic is not always logical.
And yet, it often turns out to be right.**

The good news is that even if you do not take action the first time, it usually comes back around.

Your Spirit will keep finding ways to get your attention.

Learning how your magic speaks to you is the key.
Proof may come later.

But first, you have to understand how your Spirit brings answers to you, and that looks different for every single human I have ever worked with.

YOU THINK YOUR MAGIC HAS TO LOOK LIKE EVERYONE ELSE'S

This one is important. It is probably one of the biggest aha moments of my career, and it is a huge part of why I teach the way I teach.

Your magic may not look like psychic visions. It may not look like angel numbers. It may not look like meditation retreats and moon circles.

Your magic might look like knowing what people need before they say it. It might look like seeing patterns others miss, feeling the energy in a room, reading between the lines, building beautiful things, making people feel safe, or trusting your instincts when nothing else makes sense.

Magic comes in many forms. The point is not to force yours to look like someone else's.

The point is to recognize the form it already takes through you.

Stop fighting against your own goodness, my friend. It has been trying to lead you home.

ONE MORE THING...



I've noticed something after thousands of conversations.

Women are simply forgetting to trust themselves.

If this guide stirred something inside you...
Good. I like to activate those pieces inside that want to come out and live life.

That's usually where the interesting stuff begins.

With love and, of course, a whole lot of MAGIC,

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